Resource Material Listing

on

Suicide Prevention
Child Development
Mental Health Issues

Copies are available by contacting the organization listed.
There will be a charge for some these resource materials.

June 1995

A: Workshop and Conference Proceedings

1. ■**"Healing the Wounds of the Family"**, Sept. 19-20, 1992
   ■**"Native Mental Health Programming in Canada: An Update"**, Oct. 2-3, 1993
   ■**"Mobilizing Community Resources"**, Sept. 23-25, 1994
   Address: Native Mental Health Association of Canada,
   Box 89, Shannonville, Ontario, KOK 3AO.

2. **"Mental Health Workshop: Pathways to Healing"**, March 1993
   Address: Dene Nation, P. O. Box 2338
   Yellowknife, NWT, X1A 2P7.

3. **"Inuit Mental Health Workshop Proceedings"**, Mar. 29-31, 1993
   Address: Pauktuutit: Inuit Women's Association
   200 Elgin St., Suite 804
   Ottawa, Ontario, K2P 1L3.

4. **Wellness Conference, "Caring for the Caregivers"**, Nov. 1-4, 1993
   Address: Health Directorate, Treaty 7 Tribal Council,
   Suite 525, 10333 Southport Rd. S.W.,
   Calgary, Alberta, T2W, 3X6.

5. **"Second Atlantic First Nations Health Conference"**, Jan. 31-Feb. 3,1994
   Address: Big Cove Band, Site 11, Box 1
   Big Cove, N.B., EOA 2L0.

6. **"Atlantic Sexual Abuse Prevention Workshop"**, Feb. 28-Mar. 3, 1994
   Address: Big Cove Child & Family Services, Site 11,
   Box 1, Big Cove, N.B., EOA 2L0.

7. **"Framework for the Training of First Nations Community Mental Health Workers"**, Mar. 6-8, 1994
   Address: Native Physicians' Association in Canada
   116 Albert Street, Suite 703
   Ottawa, Ontario, K1P 5G3.

8. **National First Nations Mental Health Training Conference, "Vision to Total Wellness"**, Mar. 21-24, 1994
   Address: Alberta Indian Health Commission
   Saddle Lake Health Centre, Box 100
   Saddle Lake, Alberta, TOA 3TO.

9. **"First Nations Conference on Fetal Alcohol Syndrome"**, Mar. 29-30, 1994
Address: First Nations Education Council
240, Place Sondakwa
Wendake, (Québec), GOA 4VO.

10. **"Suicide and the Community". Annual Conference of the Canadian Association for Suicide Prevention,** May 12-15, 1994
Address: Kamatsiqtut, Baffin Crisis Line
Box 1780 , Iqaluit, NWT, XOA OHO

B. Handbooks

1. **Making Meaning of Mental Health Challenges in First Nations**, March 1993
Address: Sal'i'shan Institute Society
Box 242, Chilliwack, B.C., V2P 6J1

2. **Walking in Balance.** A First Nations Suicide Resource Manual
Address: Union of Ontario Indians
1537 Petrie Way
Mississauga, Ontario, L5J 1G6

3. **Northern Lifelines...** Suicide information and resource manual. 3-ring binder, written in clear language, issues relating to loss, death and grief, framework for intervening with those who are suicidal.
Address: Algoma Child & Youth Services
25 Trunk Road
Sault Ste. Marie, Ontario, P6A 3S2

4. **Your Life! Our Future!** Suicide prevention resource kit.
Address: Medical Services Branch
Room 1189, Jeanne Mance Building
Tunney's Pasture, Ottawa
Ontario, K1A 0L3

5. **Discussion Notes from a Suicide Prevention Workshop**, February 1995.
Front line practioners, Aboriginal clinical psychologists and youth met to discuss preventing suicide in Aboriginal communities.
Address: Regional Medical Services Branch or
Health Canada, Medical Services Branch
Room 1119, Jeanne Mance Building
Ottawa, Ontario, K1A 0L9

C. *Activity Book*

1. **I FEEL GOOD WHEN...**
An activity book for children aged 4-5 years old to stimulate discussion on issues of self-esteem, parent-child relationships and culture.
Address: First Nations Education Council
240, Place Sondakwa
Wendake, (Québec), GOA 4VO.

D. *Videos/Audio*

1. **"Denial, Healing and Hope" - The Nishnawbe-Aski Nation Youth Forum on Suicide.** 1 hour. (English and Cree)
One hour video documentary on how First Nation communities in northwestern Ontario are seeking healing solutions to the suicide epidemic among young people.
Address: Northern Insights
72 Jean Street
Thunder Bay, Ontario P7A 5EP
Fax: (807) 343-0446

2. **"Those Left Behind".** 53 mins. (Montagnais, French and English).
The subject is suicide and features people from Betsiamites and Uashat mak Mani-Utenam. The video comes with a short suggested workshop guide.
Address: Vidéo Femmes
700 rue de Roi 1 étage
Québec (Québec) G1K 2X7
Fax: (418) 529-9201

3. **"Deana Don't Do It".** Audio cassette. 42 mins. (English).
A radio play intended to promote discussion on the issue of teen suicide in Native communities with a **Discussion Guide.** The Drama Group is an informal collection of teens from Wabasca, Desmarais and Sandy Lake in Northwestern Alberta. Since 1991 the group has improvised plays on social issues that impact the lives of Aboriginal people, travelling to many communities and conferences to perform. 42 mins. (English).
Address: Cathy Ohama
Peekiskwetan "Let's Talk Society"
P. O. Box 180
Wabesca, Alberta, T0G 2K0
Fax: (403) 891-2466

4. **Child Development Series with Guide Books.** 3-videos, 22 mins. each.
   1. 0-6 months: safety, security, stimulation;
   2. Toddlers: ask for support and help, feeling special safety, learning;
   3. Pre-schoolers: independence, play, imagination, getting along with others.

   Address: Awasis Training Institute of Northern Manitoba
   3 Station Road, Thompson, Manitoba, R8N 0N3
   Fax: (204) 778-8428